

## **Julie Pruzansky, MSW, LSW**

- Child, Adolescent, & Adult Post-Masters Fellow
- (303) 442-4562, Mailbox #2
- **Education & Training**
  - B.A., Psychology, Columbia University, 2007
  - M.S.W. in Clinical Social Work, New York University, 2009
  - Pre-Master's Internships: The New York Foundling, North Manhattan Recovery and Prevention Program, 2007 - 2008 & Albert Einstein Hospital, Adolescent Outpatient Unit, 2008 - 2009
- **Professional Interests**
  - Ascribing to a psychodynamic model, I believe that early childhood experiences play a significant role in current life choices and situations. Moreover, I believe in a strong therapeutic alliance, which is based on trust and safety. Following a psychodynamic approach, I focus on core conflicts and relational themes. In particular, I am interested in Attachment Theory and Childhood Trauma and how these early experiences influence current relationships and role functioning. Throughout my practice, I try to empower my clients by using a strengths-perspective. My work with clients includes psychosocial assessments, treatment planning, collaborative goal setting, collaborative evaluation of treatment, and termination planning.
  - I work with children, adolescents, and adults struggling with life adjustments, relational conflicts, anxiety, depression, grief, and PTSD.
  - Treatment Modalities: Attachment-based psychodynamic individual and family therapy, cognitive behavioral therapy.
- **Licenses**
  - State of Colorado, Department of Regulatory Agencies Licensed Social Worker, License #530
  - State of New York, Education Department, Licensed Master Social Worker, License #079569-1